



About Full Circle Family Coaching

'The boys have been amazing since our time together. It feels like they've gone back to their happy selves. They're close again. It's a huge shift. My oldest son is now more peaceful in himself and has let his anger go, enabling him to connect again with himself and the family. During our meetings, I felt my boys alert, as though a part of them realized this was important – they were meant to be here and that their relationship with each other could change. It helped me understand the importance of constantly taking responsibility to be the best I can be in any relationship.'

–Pat, mother of boys, age 13 and 15

Parenting can be challenging, especially in complex and fast-changing times. Full Circle Family Coaching is solid guidance, helping families solve behavioral problems, emotional outbreaks and other family issues before they become more difficult to manage. The program is designed to help parents and caregivers who need new ideas and solutions to overcome family issues and difficulties that life can present.

This positive and practical service is available for families in all kinds of modern relationships: mums, dads, separated couples, solo parents, grandparents, caregivers or whanau (extended family) across cultures and generations. Full Circle helps families draw on their own knowledge, wisdom, strengths and skills to make healthy decisions and take a fresh direction on the parenting journey.

There are times in parenting when guidance can make a real difference. Full Circle is a mentoring, not a counseling service, that brings family members together to create positive and lasting changes that work for today and tomorrow.

While parenting can be challenging in itself, the current global economic crisis adds another level of pressure for parents and caregivers. For those already in need, the impact is even greater.

Our team specializes in working with families who have young children, pre-teens and teenagers, with a special focus on families with boys. All family members gain life tools that can be immediately put to use inside and outside the home.

One-on-One Consultations

For families in New Zealand, one-on-one consultations take place at the Winder Foundation offices in Rodney District, north of Auckland. Sessions last for one-hour.

Each one-hour session is a separate time away from day-to-day activities of home and work, where families can safely explore issues, gain different perspectives, and build new and workable strategies. Our experience with hundreds of families indicates that a minimum of ten sessions is required to make the kind of in-depth and lasting changes families are seeking.

Phone Consultations

Our telephone sessions have helped people around the world, and work especially well with busy parents and parents and caregivers of teens.

Contact us to find out more information about Full Circle Family Coaching.

Winder Foundation Charitable Trust
Full Circle Family Coaching
PO Box 478 Silverdale 0944
Auckland New Zealand
+64 9 427 5823 office
info@winderfoundation.org

